



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Wilde, Uwe

Club: LT Altensteiner Park

Number: 63

Course: 10.50 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:18:12

Speed: 7.67 km/h

Running performance: 7:27 min/km

Rank in course/Total: 58 (of 66)

Rank in course/Men: 44 (of 47)

Best time in course: 39:26

Rank in category: 5(of 5)

Best time in the category: 51:14