



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Remde, Annette

Club: LT Altensteiner Park  
Number: 65

Course: 10.50 km  
10 km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:18:17

Speed: 8.05 km/h  
Running performance: 7:28 min/km

Rank in course/Total: 60 (of 66)  
Rank in course/Women: 15 (of 19)  
Best time in course: 42:43

Rank in category: 3(of 4)  
Best time in the category: 57:42