



13. Werraenergie Pleißlauf
Breitungen / 21.08.2016

Detailed evaluation

Pokahr, Viola

Club: Sonntagsläufer Tambach-Dietharz
Number: 25

Course: 10.50 km
10 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:35:14

Speed: 6.30 km/h
Running performance: 9:04 min/km

Rank in course/Total: 64 (of 66)
Rank in course/Women: 19 (of 19)
Best time in course: 42:43

Rank in category: 4(of 4)
Best time in the category: 57:42