



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Rasch, Holger

Club: SV Mihla

Number: 237

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:03:24

Speed: 10.21 km/h

Rank in course/Total: 46 (of 64)

Rank in course/Men: 42 (of 53)

Best time in course: 1:15:37

Rank in category: 6(of 7)

Best time in the category: 1:51:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß Kontrolle	13.00	1:24:09	9.27	6	10:04	44	34:04	13.00	1:24:09	9.27	6	10:04	44	34:04
Festplatz	8.10	39:15	12.23	6	3:26	38	19:47	21.10	2:03:24	10.21	6	11:56	42	47:47