



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Gräf, Markus

Club: PSV Meiningen 90
Number: 531

Course: 5.00 km
5 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 19:48

Speed: 15.15 km/h
Running performance: 3:58 min/km

Rank in course/Total: 4 (of 34)

Rank in course/Men: 4 (of 25)

Best time in course: 18:15

Rank in category: 1(of 1)

Best time in the category: 19:48