



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt

Number: 921

Course: 21.10 km

Nordic Walking lang

Category:

Nordic Walking Männer

Total time: 2:57:18

Speed: 7.11 km/h

Rank in course/Total: 1 (of 1)

Rank in course/Men: 1 (of 1)

Best time in course: 2:57:18

Rank in category: 1(of 1)

Best time in the category: 2:57:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß Kontrolle	13.00	1:48:51	7.17	1	-	1	-	13.00	1:48:51	7.17	1	-	1	-
Festplatz	8.10	1:08:27	7.01	1	-	1	-	21.10	2:57:18	7.11	1	-	1	-