



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Voß, Jürgen

Club: SV Weidenberg

Number: 943

Course: 30.00 km

Nordic Walking 30km

Category:

Nordic Walking Männer

Total time: 3:50:19

Speed: 7.82 km/h

Running performance: 7:41 min/km

Rank in course/Total: 2 (of 3)

Rank in course/Men: 2 (of 3)

Best time in course: 3:31:13

Rank in category: 2(of 3)

Best time in the category: 3:31:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß Kontrolle	18.00	2:17:46	7:39	2	10:43	2	10:43	18.00	2:17:46	7:39	2	10:43	2	10:43
Festplatz	8.00	1:32:33	11:34	2	8:23	2	8:23	30.00	3:50:19	7:40	2	19:06	2	19:06