



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Lange, Guido

Club: TSV Hollstadt

Number: 246

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:38:21

Speed: 12.87 km/h

Rank in course/Total: 18 (of 64)

Rank in course/Men: 18 (of 53)

Best time in course: 1:15:37

Rank in category: 4(of 8)

Best time in the category: 1:24:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß Kontrolle	13.00	1:05:02	11.99	2	7:29	15	14:57	13.00	1:05:02	11.99	2	7:29	15	14:57
Festplatz	8.10	33:19	14.59	4	6:07	19	13:51	21.10	1:38:21	12.87	4	13:36	18	22:44