



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Walch, Fredy

Club: Rhöner WSV
Number: 525

Course: 5.00 km
5 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 19:59

Speed: 15.01 km/h
Running performance: 4:00 min/km

Rank in course/Total: 5 (of 34)

Rank in course/Men: 5 (of 25)

Best time in course: 18:15

Rank in category: 1(of 3)

Best time in the category: 19:59