



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Möller, Rene

Club: Viba-Anschütz-Team

Number: 529

Course: 5.00 km

5 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 23:42

Speed: 12.66 km/h

Running performance: 4:44 min/km

Rank in course/Total: 10 (of 34)

Rank in course/Men: 10 (of 25)

Best time in course: 18:15

Rank in category: 2(of 2)

Best time in the category: 18:15