



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Fierenz, Gerald

Club: SV Glückauf Sondershausen

Number: 512

Course: 5.00 km

5 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 23:44

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 11 (of 34)

Rank in course/Men: 11 (of 25)

Best time in course: 18:15

Rank in category: 2(of 3)

Best time in the category: 19:59