



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Hille, Hagen

Club: Meiningen  
Number: 534

Course: 5.00 km  
5 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 25:21

Speed: 11.83 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 16 (of 34)

Rank in course/Men: 16 (of 25)

Best time in course: 18:15

Rank in category: 1(of 4)

Best time in the category: 25:21