



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Holland-Nell, Gabriel

Club: Tromsø Storm Ungdom  
Number: 517

Course: 5.00 km  
5 km Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 28:38

Speed: 10.48 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 21 (of 34)

Rank in course/Men: 20 (of 25)

Best time in course: 18:15

Rank in category: 2(of 2)

Best time in the category: 24:10