



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

**Abraham, Jolina**

Club: LG Ohra-Energie  
Number: 519

Course: 5.00 km  
5 km Lauf

Category:  
weibliche Kinder U10 (8 und 9 Jahre)

Total time: 30:47

Speed: 9.75 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 25 (of 34)

Rank in course/Women: 5 (of 9)

Best time in course: 27:27

Rank in category: 2(of 2)

Best time in the category: 28:39