



## 13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

### Detailed evaluation

#### Rapior, Jens

Club: Bad Liebenstein

Number: 522

Course: 5.00 km

5 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 30:59

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 26 (of 34)

Rank in course/Men: 21 (of 25)

Best time in course: 18:15

Rank in category: 4(of 4)

Best time in the category: 25:21