



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Hartmann, Lutz

Club: Weilar  
Number: 516

Course: 5.00 km  
5 km Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 31:03

Speed: 9.66 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 27 (of 34)

Rank in course/Men: 22 (of 25)

Best time in course: 18:15

Rank in category: 1(of 1)

Best time in the category: 31:03