



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Zimmermann, Birgit

Club: Lauffreunde Zimmermann
Number: 53

Course: 10.50 km
Nordic Walking kurz

Category:
Nordic Walking Frauen

Total time: 1:26:30

Speed: 6.94 km/h
Running performance: 8:14 min/km

Rank in course/Total: 4 (of 8)

Rank in course/Women: 3 (of 5)

Best time in course: 1:16:41

Rank in category: 3(of 5)

Best time in the category: 1:16:41