



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Gräf, Walter

Club: Ski Nordisch Tabarz
Number: 533

Course: 5.00 km
5 km Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 32:24

Speed: 9.26 km/h
Running performance: 6:29 min/km

Rank in course/Total: 29 (of 34)

Rank in course/Men: 23 (of 25)

Best time in course: 18:15

Rank in category: 1(of 2)

Best time in the category: 32:24