



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Hängsen, Katrin

Club: TSG Ruhla
Number: 505

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 33:11

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 30 (of 34)

Rank in course/Women: 7 (of 9)

Best time in course: 27:27

Rank in category: 2(of 2)

Best time in the category: 30:35