



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Kappel, Annett

Club: Wasungen  
Number: 532

Course: 5.00 km  
5 km Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 34:53

Speed: 8.60 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 33 (of 34)

Rank in course/Women: 9 (of 9)

Best time in course: 27:27

Rank in category: 1(of 1)

Best time in the category: 34:53