



## 13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

### Detailed evaluation

**Schramm, Markus**

Club: Cabas Cabanauten

Number: 73

Course: 10.50 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 46:20

Speed: 13.60 km/h

Running performance: 4:25 min/km

Rank in course/Total: 6 (of 66)

Rank in course/Men: 5 (of 47)

Best time in course: 39:26

Rank in category: 3(of 6)

Best time in the category: 39:26