



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Schramm, Markus

Club: Cabas Cabanauten
Number: 73

Course: 10.50 km
10 km Lauf

Category:
Männer (20-29 Jahre)

Total time: 46:20

Speed: 12.95 km/h
Running performance: 4:25 min/km

Rank in course/Total: 6 (of 66)

Rank in course/Men: 5 (of 47)

Best time in course: 39:26

Rank in category: 3(of 6)

Best time in the category: 39:26