



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Gruner, Birgit

Club: TSV Germania 1887 e.V. Neustadt (Orla)
Number: 30

Course: 10.50 km
10 km Lauf

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 49:28

Speed: 12.13 km/h

Running performance: 4:43 min/km

Rank in course/Total: 8 (of 66)

Rank in course/Women: 2 (of 19)

Best time in course: 42:43

Rank in category: 1(of 1)

Best time in the category: 49:28