



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Grießhammer, Günter

Club: LAV Saale-Rennsteig

Number: 62

Course: 10.50 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 50:43

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course/Total: 12 (of 66)

Rank in course/Men: 10 (of 47)

Best time in course: 39:26

Rank in category: 1(of 6)

Best time in the category: 50:43