



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Bomberg, Dirk

Club: Impuls Erfurt
Number: 36

Course: 10.50 km
10 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 51:28

Speed: 11.66 km/h
Running performance: 4:54 min/km

Rank in course/Total: 15 (of 66)

Rank in course/Men: 13 (of 47)

Best time in course: 39:26

Rank in category: 1(of 4)

Best time in the category: 51:28