



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

wahl, martin

Club: GMRLV

Number: 22

Course: 10.50 km

10 km Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 51:36

Speed: 11.63 km/h

Running performance: 4:55 min/km

Rank in course/Total: 17 (of 66)

Rank in course/Men: 15 (of 47)

Best time in course: 39:26

Rank in category: 1(of 7)

Best time in the category: 51:36