



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Wahrenberg, Sabine

Club: Lauffreunde Dittmar Schmalkalden
Number: 15

Course: 10.50 km
10 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 57:42

Speed: 10.40 km/h
Running performance: 5:30 min/km

Rank in course/Total: 29 (of 66)
Rank in course/Women: 4 (of 19)
Best time in course: 42:43

Rank in category: 1(of 4)
Best time in the category: 57:42