



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Riedel, Kay

Club: Vitusteam

Number: 26

Course: 10.50 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:50

Speed: 10.89 km/h

Running performance: 5:31 min/km

Rank in course/Total: 31 (of 66)

Rank in course/Men: 27 (of 47)

Best time in course: 39:26

Rank in category: 3(of 3)

Best time in the category: 40:24