



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Güth, Bernd

Club: LT Altensteiner Park
Number: 76

Course: 10.50 km
10 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 58:33

Speed: 10.25 km/h
Running performance: 5:35 min/km

Rank in course/Total: 33 (of 66)

Rank in course/Men: 28 (of 47)

Best time in course: 39:26

Rank in category: 2(of 4)

Best time in the category: 51:28