



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Rohloff, Manuela

Club: Merkers  
Number: 12

Course: 10.50 km  
10 km Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 59:37

Speed: 10.57 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 36 (of 66)  
Rank in course/Women: 7 (of 19)  
Best time in course: 42:43

Rank in category: 1(of 2)  
Best time in the category: 59:37