



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Anschütz, Andy

Club: GutsMuths RSLV

Number: 566

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:27:29

Speed: 13.72 km/h

Running performance: 4:22 min/km

Rank in course/Total: 37 (of 552)

Rank in course/Men: 34 (of 405)

Best time in course: 1:13:54

Rank in category: 6(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	44:14	4:25	5	4:56	29	5:40	10.00	44:14	4:25	5	4:56	29	5:40
Finish	10.00	43:15	4:19	7	6:16	43	7:55	20.00	1:27:29	4:22	6	11:12	34	13:35