



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Besig, Florian

Club: Nürnberg

Number: 341

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:27:47

Speed: 13.67 km/h

Running performance: 4:23 min/km

Rank in course/Total: 39 (of 552)

Rank in course/Men: 36 (of 405)

Best time in course: 1:13:54

Rank in category: 5(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	44:47	4:28	5	6:13	36	6:13	10.00	44:47	4:28	5	6:13	36	6:13
Finish	10.00	43:00	4:17	6	7:40	38	7:40	20.00	1:27:47	4:23	5	13:53	36	13:53