



26. Rennsteig Herbstlauf
Masserberg / 02.10.2016

Detailed evaluation

Protze, Rolf

Club: WSV Schmiedefeld
Number: 10062

Course: 10.00 km
10km Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 57:57

Speed: 10.35 km/h
Running performance: 5:48 min/km

Rank in course/Total: 72 (of 205)

Rank in course/Men: 58 (of 105)

Best time in course: 37:55

Rank in category: 5(of 7)

Best time in the category: 52:19