



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

Grune, Sascha

Club: Ilmenau  
Number: 10145

Course: 10.00 km  
10km Strecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 58:19

Speed: 10.29 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 75 (of 205)

Rank in course/Men: 60 (of 105)

Best time in course: 37:55

Rank in category: 6(of 12)

Best time in the category: 39:14