



26. Rennsteig Herbstlauf
Masserberg / 02.10.2016

Detailed evaluation

Granzow, Ronny

Club: Eisfeld
Number: 10177

Course: 10.00 km
10km Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:00:00

Speed: 10.00 km/h
Running performance: 6:00 min/km

Rank in course/Total: 88 (of 205)

Rank in course/Men: 65 (of 105)

Best time in course: 37:55

Rank in category: 10(of 15)

Best time in the category: 39:43