



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

Rassek, Lisa

Club: Trusetal  
Number: 10230

Course: 10.00 km  
10km Strecke

Category:  
Frauen (20-29 Jahre)

Total time: 1:00:08

Speed: 9.98 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 91 (of 205)  
Rank in course/Women: 26 (of 100)

Best time in course: 40:05

Rank in category: 10(of 27)

Best time in the category: 41:16