



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Reumschüssel, Mike

Club: Dolmarhoppers

Number: 638

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:31:01

Speed: 13.18 km/h

Running performance: 4:33 min/km

Rank in course/Total: 66 (of 552)

Rank in course/Men: 63 (of 405)

Best time in course: 1:13:54

Rank in category: 7(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	46:24	4:38	6	7:07	58	7:50	10.00	46:24	4:38	6	7:07	58	7:50
Finish	10.00	44:37	4:27	7	8:20	65	9:17	20.00	1:31:01	4:33	7	15:27	63	17:07