



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Panse, Adrian

Club: USV Erfurt

Number: 528

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:13:54

Speed: 16.24 km/h

Running performance: 3:42 min/km

Rank in course/Total: 1 (of 552)

Rank in course/Men: 1 (of 405)

Best time in course: 1:13:54

Rank in category: 1(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	38:34	3:51	1	-	1	-	10.00	38:34	3:51	1	-	1	-
Finish	10.00	35:20	3:32	1	-	1	-	20.00	1:13:54	3:41	1	-	1	-