



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Winkler, Jörg

Club: TSV Zella-Mehlis

Number: 399

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:30:59

Speed: 13.19 km/h

Running performance: 4:33 min/km

Rank in course/Total: 65 (of 552)

Rank in course/Men: 62 (of 405)

Best time in course: 1:13:54

Rank in category: 6(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	46:45	4:40	5	6:33	63	8:11	10.00	46:45	4:40	5	6:33	63	8:11
Finish	10.00	44:14	4:25	5	5:33	56	8:54	20.00	1:30:59	4:32	6	12:06	62	17:05