



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Gehre, Torsten

Club: Coswig

Number: 181

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:32:25

Speed: 12.98 km/h

Running performance: 4:37 min/km

Rank in course/Total: 73 (of 552)

Rank in course/Men: 68 (of 405)

Best time in course: 1:13:54

Rank in category: 8(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	47:37	4:45	10	8:20	82	9:03	10.00	47:37	4:45	10	8:20	82	9:03
Finish	10.00	44:48	4:28	8	8:31	68	9:28	20.00	1:32:25	4:37	8	16:51	68	18:31