



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

**Salzmann, Stefan**

Club: Friedrichroda  
Number: 10083

Course: 10.00 km  
10km Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 42:54

Speed: 13.99 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 15 (of 205)

Rank in course/Men: 13 (of 105)

Best time in course: 37:55

Rank in category: 1(of 15)

Best time in the category: 42:54