



26. Rennsteig Herbstlauf
Masserberg / 02.10.2016

Detailed evaluation

Salzmann, Stefan

Club: Friedrichroda

Number: 10083

Course: 10.00 km

10km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 42:54

Speed: 13.99 km/h

Running performance: 4:17 min/km

Rank in course/Total: 15 (of 205)

Rank in course/Men: 13 (of 105)

Best time in course: 37:55

Rank in category: 1(of 15)

Best time in the category: 42:54