



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Stammberger, Mario

Club: MC-Veilsdorf

Number: 602

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:33:21

Speed: 12.85 km/h

Running performance: 4:40 min/km

Rank in course/Total: 88 (of 552)

Rank in course/Men: 81 (of 405)

Best time in course: 1:13:54

Rank in category: 9(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	46:43	4:40	7	7:26	62	8:09	10.00	46:43	4:40	7	7:26	62	8:09
Finish	10.00	46:38	4:39	14	10:21	97	11:18	20.00	1:33:21	4:40	9	17:47	81	19:27