



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Wiegand, Tommy**

Club: Weißbierpower

Number: 445

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:33:14

Speed: 12.87 km/h

Running performance: 4:40 min/km

Rank in course/Total: 84 (of 552)

Rank in course/Men: 78 (of 405)

Best time in course: 1:13:54

Rank in category: 23(of 61)

Best time in the category: 1:15:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	47:36	4:45	22	8:01	81	9:02	10.00	47:36	4:45	22	8:01	81	9:02
Finish	10.00	45:38	4:33	24	9:14	81	10:18	20.00	1:33:14	4:39	23	17:15	78	19:20