



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Becker, Andreas

Club: FSV Gotha

Number: 404

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:34:45

Speed: 12.66 km/h

Running performance: 4:44 min/km

Rank in course/Total: 98 (of 552)

Rank in course/Men: 91 (of 405)

Best time in course: 1:13:54

Rank in category: 13(of 76)

Best time in the category: 1:22:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	48:31	4:51	13	6:03	90	9:57	10.00	48:31	4:51	13	6:03	90	9:57
Finish	10.00	46:14	4:37	16	6:22	93	10:54	20.00	1:34:45	4:44	13	12:06	91	20:51