



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Bühling, Oliver

Club: Running Bros Coburg

Number: 77

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:35:00

Speed: 12.63 km/h

Running performance: 4:45 min/km

Rank in course/Total: 100 (of 552)

Rank in course/Men: 93 (of 405)

Best time in course: 1:13:54

Rank in category: 17(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	49:44	4:58	22	10:26	110	11:10	10.00	49:44	4:58	22	10:26	110	11:10
Finish	10.00	45:16	4:31	13	8:17	70	9:56	20.00	1:35:00	4:45	17	18:43	93	21:06