



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Pausch, Johannes

Club: SV08 Steinach

Number: 348

Course: 20.00 km

20km Strecke

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 1:33:12

Speed: 12.88 km/h

Running performance: 4:40 min/km

Rank in course/Total: 83 (of 552)

Rank in course/Men: 77 (of 405)

Best time in course: 1:13:54

Rank in category: 2(of 7)

Best time in the category: 1:25:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	46:23	4:38	2	2:08	57	7:49	10.00	46:23	4:38	2	2:08	57	7:49
Finish	10.00	46:49	4:40	2	5:10	103	11:29	20.00	1:33:12	4:39	2	7:18	77	19:18