



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

Lösch, Thomas

Club: GutsMuths-RSLV

Number: 10211

Course: 10.00 km

10km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 46:13

Speed: 12.98 km/h

Running performance: 4:37 min/km

Rank in course/Total: 20 (of 205)

Rank in course/Men: 18 (of 105)

Best time in course: 37:55

Rank in category: 2(of 15)

Best time in the category: 39:43