



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hartung, Christoph

Club: Ilmenau

Number: 395

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:35:42

Speed: 12.54 km/h

Running performance: 4:47 min/km

Rank in course/Total: 104 (of 552)

Rank in course/Men: 97 (of 405)

Best time in course: 1:13:54

Rank in category: 15(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	48:56	4:53	15	10:22	97	10:22	10.00	48:56	4:53	15	10:22	97	10:22
Finish	10.00	46:46	4:40	15	11:26	100	11:26	20.00	1:35:42	4:47	15	21:48	97	21:48