



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

Ernst, Marko

Club: Erfurt  
Number: 10137

Course: 10.00 km  
10km Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:05:47

Speed: 9.12 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 134 (of 205)

Rank in course/Men: 88 (of 105)

Best time in course: 37:55

Rank in category: 12(of 15)

Best time in the category: 39:43