



26. Rennsteig Herbstlauf
Masserberg / 02.10.2016

Detailed evaluation

Langkamp, Jörg

Club: Möhnesee

Number: 10012

Course: 10.00 km

10km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:53

Speed: 9.11 km/h

Running performance: 6:35 min/km

Rank in course/Total: 136 (of 205)

Rank in course/Men: 89 (of 105)

Best time in course: 37:55

Rank in category: 2(of 4)

Best time in the category: 47:36