



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

Koch, Alexander

Club: Suhl

Number: 10035

Course: 10.00 km

10km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:06:03

Speed: 9.08 km/h

Running performance: 6:36 min/km

Rank in course/Total: 138 (of 205)

Rank in course/Men: 90 (of 105)

Best time in course: 37:55

Rank in category: 13(of 15)

Best time in the category: 39:43